# CARIBBEAN SCHOOL OF THEOLOGY

Educating and training ministerial leadership



## MIN352 Pastoral Counseling

## **Mission Statement**

CST is committed to connect, serve, and train for Pentecostal ministry, leadership, and missions throughout the world.

#### **Professor**

## **Course Description**

Most students have noticed that people around them have emotional, spiritual, economic, and physical problems. Even the most persuasive sermon may not be heard by someone with serious personal problems. The Christian student, layperson, pastor, or religious worker must find ways to help people with their problems. Introduction to Pastoral Counseling is a look at the different perspectives from which pastoral counseling may be seen. It emphasizes the necessary steps in preparing to become a pastoral counselor, and gives attention to legal and practical ramifications of counseling. It also examines some of the issues faced by the pastoral counselor, seeking to find a balance between the clinical and the spiritual, with the Bible as the final authority. This course investigates some of the current approaches to counseling and sets guidelines for counseling settings and sessions.

### Resources

In addition to Introduction to Pastoral Counseling, an Independent-Study Textbook by Jimmy A. Robinson, The Holy Bible is required. Bible quotations in the Independent-Study Textbook are from the New International Version (NIV 1978 edition) unless otherwise noted. Some assignments require you to access the Global University Library Web site. Instructions for accessing the Internet are provided in the Undergraduate Writing Assignment Guidelines (UWAG) in the Student Packet.

## 9 Course Introduction

If you are enrolled in this course for three credits, the third credit will be earned by completing a collateral reading assignment (CRA). This is based on the textbook Counseling and Psychotherapy: A Christian Perspective by Siang- Yang Tan. The instructions for completing the CRA are in the Student Packet.

### **Objectives**

The key concepts presented in the lesson are derived from the objectives. Study each objective carefully as you begin each lesson. First, identify the key concepts presented in the objective, and second, identify what each objective is asking you to do with the key concepts. For example, in the objective, Assess the positive and negative ways that colonialism affected the spread of Christianity, the key concept is colonialism affected Christianity. In this objective you are asked to assess positive and negative ways—or show the good and bad effects colonialism had on the spread of Christianity.

### **Course Procedures**

Classroom lectures, group discussion, audio-visual presentations, handouts, and case studies constitute some of the various methods that will be utilized in order to attain the course objectives.

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### **Course Introduction**

Jimmy A. Robinson, with qualifying studies for both the pastorate and counseling, has presented a basic course in pastoral counseling that will help every aspiring pastor to assist his or her congregation with various types of counseling. The course has fourteen lessons organized in three units. It covers the basics, the most pressing counseling needs, and guidelines for ministry. These studies will launch the pastor who wants training for basic church counseling and whet the appetite of those who wish to pursue higher levels of involvement.